

## Monday

Studio 1		Studio 2		Studio 3		Studio 4	
Time	Class	Time	Class	Time	Class	Time	Class
10:00-11:30am	Adult Int/ Adv Ballet						
4:00-6:00pm	Level 1 Ballet & Conditioning	4:00-6:00pm	Level 4/5 Ballet	4:00-6:00pm	Level 2 Ballet & Conditioning		
6:00-8:00pm	Level 3 Ballet & Conditioning	6:00-8:00pm	Level 6/7 Ballet				

## Tuesday

Studio 1		Studio 2		Studio 3		Studio 4	
Time	Class	Time	Class	Time	Class	Time	Class
				3:10-4:10pm	PLIES		
4:00-5:30pm	Level 5-7 Ballet	4:00-5:30pm	Level 3/4 Ballet	4:15-5:15pm	Primary 2		
5:30-6:30pm	Level 6/7 Variations & Pas de Deux	5:30-6:30pm	Level 3-5 (Pre)Pointe				
6:30-7:30pm	Level 3-7 Stretch & Turns	6:30-8:00pm	Adult Beg/ Int Ballet				

## Wednesday

Studio 1		Studio 2		Studio 3		Studio 4	
Time	Class	Time	Class	Time	Class	Time	Class
12:00-3:00pm	Professional Program						
4:00-6:30pm	Level 4-7 Ballet & Conditioning	4:15pm-5:00pm	Creative Movement	4:15-5:00pm	Primary 1		
				5:30-6:30pm	Primary 3		

## Thursday

Studio 1		Studio 2		Studio 3		Studio 4	
Time	Class	Time	Class	Time	Class	Time	Class
8:45-10:00am	Adult Beginner Ballet						
10:15-11:45am	Adult Int/ Adv Ballet						
4:00-5:30pm	Level 5/6/7 Ballet	4:30-5:30pm	Level 1/2 Contemporary	4:15pm-5:00pm	Creative Movement		
5:30-6:30pm	Level 6/7 Pointe	5:30-6:30pm	Level 3/4 Contemporary	5:30-6:30pm	Level 5 Pointe		
		6:45-7:45pm	Level 5-7 Contemporary				

## Friday

Studio 1		Studio 2		Studio 3		Studio 4	
Time	Class	Time	Class	Time	Class	Time	Class
10:00-11:30am	Adult Int/ Adv Ballet						
		12:00-12:45pm	Sit or Stand Ballet for Seniors				
				3:10-4:10pm	PLIES		
4:30-6:00pm	Level 1 Ballet & Conditioning	4:30-6:00pm	Level 2 Ballet & Conditioning				
		6:00-7:30pm	Level 3/4 Ballet				

## Saturday

Studio 1		Studio 2		Studio 3		Studio 4	
Time	Class	Time	Class	Time	Class	Time	Class
9:00-10:00am	Primary 2	9:00-9:45am	Creative Movement	9:00-9:45am	Primary 1		
10:30-12:00pm	Level 5-7 Ballet	10:15-11:00am	Creative Movement	10:15-11:15am	Primary 3		